

YOUTH 180

PROGRAM RULES AND BOUNDARIES

It is expected that the young person comply with the rules below. In the case of these rules being broken both the Families SA Social Worker and the Anglicare Case Worker will be informed and the appropriate action taken. This may involve receiving a formal warning. If three formal warnings are given an exit plan will be developed and the placement will close.

RULES

1. No smoking in the house
2. No drugs
3. No alcohol
4. The young person, Anglicare & Families SA are expected to attend reviews once a month. An Anglicare case worker will conduct these reviews. Reviews will take approx. one hour.
5. The police will be informed of any illegal activities occurring at the house.
6. Any damage to the property needs to be paid for by the individual that caused the damage. In the case of friends causing the damage it will still remain the responsibility of the Young Person.

BOUNDARIES

7. No guests including overnight guests unless negotiated with Families SA and the Anglicare case worker.
8. No gatherings unless negotiated with Families SA and the Anglicare Case Worker.
9. Before you leave the house please make sure that all lights, water, and appliances are turned off.
10. Please make sure all of the doors and windows are locked when leaving the house.
11. Must clean up after your self eg: do dishes, wipe benches down and mop up any spills. You are required to do a thorough clean of your room/house once a week.
12. Must not enter the youth carer's room.
13. Only local telephone calls are permitted from the land line.

14. Curfew will be negotiated with Families SA, Anglicare case worker and young person.
15. If young person is not home by curfew they will be considered missing and appropriate action will be taken.
16. Bed times will be negotiated with Families SA, Anglicare case worker and young person.
17. Furniture within the property belongs to Anglicare unless otherwise arranged.
18. Young person is expected to meet with their Anglicare youth worker to develop independent living skills at least once a week
19. Young person is expected to have phone contact with the Anglicare case worker once a week to discuss the progress of the placement. Open and honest communication is expected.
20. Young Person is to be at the house when youth carers are on shift unless otherwise arranged.
21. While you are living in an Anglicare property a set of house keys are kept at the Anglicare SA office. We will enter the young person's house/bedroom if we think that safety is at risk or we have reasonable grounds to do so. Under no circumstances are copies to be given out.
22. No pets allowed.
23. Must keep the level of noise in the house at a respectful level.
24. Once young person moves into independent living a percentage of their Centrelink payment or income will be paid to Anglicare.
25. House inspections to occur once a fortnight by Anglicare workers.
26. Young person is to collect the post/junk mail out of the post box on a daily basis the post/junk mail on a daily basis

BEHAVIOUR RESPONSE PLAN

As part of the case planning during intake, a risk assessment of the young person's behaviour will occur and an individual behaviour response plan will be developed in partnership with the young person, carer, family, guardian and other professionals as appropriate.

Throughout their placement, a young person may receive a warning for specific behaviour that may compromise their placement within the program.

The case worker will determine whether a warning is to be given to a young person.

This is the process of the warning system:

- **Verbal Warning** — clear communication that another similar incident will result in an official warning
- **Official Warning 1** — clear communication that there are only two more official warnings given to the young person
- **Official Warning 2** — clear communication that the next warning will result in the young person unsuccessfully leaving the program
- **Verbal Warning** — if an incident can be identified as pending: remind young person that should this behaviour continue they will be given their final warning and we will need to discuss alternative placements. Provide time and incentives to allow the young person to make appropriate changes.
- **Official Warning 3** — alternative placement to be considered and exit planned.

In this warning system, consideration is given to the circumstances of the young person. At each level, the case worker considers any information the young person is providing about their placement or program that are contributing to the issues and negotiates with the young person. The case worker communicates with Families SA, the youth carers throughout this process to keep them informed and provide direction.

EXIT PLANNING

Youth 180 is committed to supporting young people toward independence through a clear exit plan. A young person may leave the program by turning 18, by moving to a more appropriate placement or by being offered a direct lease by Housing SA.

Where a young person is turning 18, Anglicare will start to discuss the exit with Families SA and the young person six months before. The young person's direct lease application is completed

during their transition into the program; six months prior to a young person's birthday, Families SA will be asked to apply pressure to Housing SA for a direct lease property. Youth 180 will provide a letter to Housing SA to support this process.

Where Youth 180 identifies a potential placement breakdown due to risk, a case conference will be called with Families SA and relevant parties.

The purpose of this meeting will be to discuss contributing factors to the placement breakdown and determine whether or not the young person continues in the placement or another placement is sought.

The following roles and responsibilities are involved:

- Youth 180 will support Families SA to inform the young person that their placement can no longer continue
- The case worker is responsible for developing a supportive exit plan in conjunction with Families SA. They are also responsible for informing the youth carers and providing them with support
- The case worker is responsible for supporting the young person to attend Trace-A-Place if necessary
- The case worker, in conjunction with the Manager and Program Coordinator, is responsible to determine whether the young person receives their bond and for making these arrangements
- Families SA are responsible for finding an alternative placement for the young person and supporting the logistics of the move
- Youth carers are responsible for providing support to the young person, giving them an opportunity to debrief about their experience and supporting the transition out of the program
- Youth carers are responsible for supporting the young person on the moving day
- Regardless of what precipitated the move, the young person is supported on their moving day by Anglicare staff. Furniture purchased by Anglicare for the young person becomes the property of the young person when they successfully exit the program.